

What Makes You Cool?

This is a simple icebreaker that may be used in individual counseling, group counseling, and classroom guidance. Each student receives at least one ice cube. Instruct the student or students to write a cool fact about him or herself on their ice cube. If you are doing this activity in a group setting then collect all of the completed ice cubes. Read each ice cube cool fact out loud to the group of students. Let the students guess who the fact is about before you reveal who the owner is of the cool fact.

